

SAVORY TRAIN...

"THE BREAKFAST CLUB" SANDWICH - \$9

cheezy scramble, avo, basil pesto, & tomato in toasted "bred"

"ROB THE JEWELRY STORE" & MAKE ME A GRILLED CHEEZE SANDWICH - \$8

black sheep vegan cheese in toasted "bred"

"FAIR DINKUM TOASTIE" (SANDWICH) - \$9

black sheep vegan cheese, avo & vegemite in toasted "bred"

DAILY HOMEMADE SOUP WITH "BRED" - \$6.99

FULL SMASHED AVO ON 2 SLICES OF TOASTED "BRED" - \$8

ADD ONS:

seasonal vege - \$1

black sheep vegan cheese - \$2

vegemite - .50 CENTS

"LOCKED & LOADED" - \$10

baked potato, with pulled jackfruit, corn, and red bean salsa, fresh tomato and diced onion, black sheep cheese, sour cream, avo, and crushed que pasa nacho's

WE HAVE GLUTEN FREE "EDS BRED" AVAILABLE FOR \$1.50 EXTRA

note: it is made in a facility that processes gluten products though

SEE THE DAILY SPECIALS MENU FOR SEASONAL SANDWICHES

CHECK OUT THE HOT BOX ON THE COUNTER FOR GRAB AND GO PASTRIES

WANT SOMETHING FAST? CALL US AND PRE-ORDER (604)-692-2555

GET CONNECTED AND SHARE YOUR EXPERIENCE: @SHOP_VELVETUNDERGROUND

WIFI: VELVET UNDERGROUND PW: COOL2BKIND

WE ARE PROUDLY 100% PLANT BASED, BUT YOU WOULDN'T KNOW IT UNLESS WE TOLD YOU

100% plant based

VELVET CAFE

MENU

SWEET LIKE...

TOASTED "BRED" WITH PB/SPREAD & SLICED BANANA & CINNAMON - \$8.75

TOASTED "bred" with either natural chunky peanut butter, or homemade chocolate hazelnut spread by "noizette" and cinnamon & sliced bananas

HOMEMADE OATMEAL (HOT OR COLD) - GF - \$7.50

oats, coconut, nuts, seeds, & dried fruit

HOMEMADE CRUNCHY GRANOLA - GF - \$7.50

from hazelnut meal, almond meal, oats, and coconut, seeds and nuts served with berries and your choice of milk

CHOC HAZELNUT BROWNIES - GF - \$4.20

pimp it out with berries and coco whip served warm- \$5.20

DAILY BLISS BALLS - GF - \$2.75

WHISTRALIA OAT COOKIE - GF - \$3.50

DOUBLE CHOCOLATE SALTED COOKIE - \$3.50

PEANUT BUTTER DATE COOKIE - GF - \$3.50

SFG BAR (SO F#@king GOOD)- GF - \$4

IF YOU HAVE AN ALLERGY PLEASE INFORM STAFF. UNFORTUNATELY, WE CANT GUARANTEE WE ARE ALERGY FREE.
WE'LL DO OUR BEST, HOWEVER, TO ACCOMODATE ANY DIETARY REQUIREMENTS.

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VELVET CAFE MENU

WE BE DRINKING...

we serve coffee and chocolate from east van roasters, a specialty cafe and social enterprise in the heart of gas town vancouver. evr is committed to encouraging women that are re-entering the work-force through mentorship based programming and on the job training. they support at-risk people in a compassionate and supportive environment filled with meaningful work and nourishing food. east van roasters creates organic 'bean to bar' chocolate and coffee roasted and prepared on site.

they not only make amazing chocolate and coffee their philosophy aligns with our own core values. we couldn't be more proud to be working alongside such an amazing business dedicated to helping others and making this world a better place.

ALL THE REGULAR ESPRESSO BASED DRINKS

double espresso, americano, macchiato, flat white, latte, cappuccino etc

mocha

coffee & chocolate

HOT CHOC

east van roasters couverture dark chocolate and topped with homemade coco whip

ORANGE HOT CHOC

our hot choc infused with orange zest

MINT HOT CHOC

our hot choc infused with mint

HOUSE MADE CHAI-

black tea, cinnamon, orange, cloves, pepper, cardamon, and sweetened with dates and maple syrup

DIRTY CHAI

COFFEE & CHAI

DIRTY SANCHEZ

coffee & chocolate

HARMONIC ARTS -TUMERIC LATTE BLEND

HARMONIC ARTS- MATCHA LATTE BLEND

LONDON FOG

TQ tea loose leaf earl grey and homemade vanilla syrup with real vanilla bean & coconut sugar

TQ tea from denman island

add ons:

- stay wylid mushrooms
- sea moss
- mct oil

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VELVET CAFE MENU

SMOOTH CRIMINAL...

TROPIC THUNDER – \$8.60

frozen mango, pineapple, banana, kale, mint, spirulina, hemp seeds, chia, ice, date, cacao nibs and plant based milk

FUNKY COLD MEDINA – \$8.60

frozen banana, raw cacao, hazelnuts, maca powder, chia, kale, ice, plant based milk

HALLE BERRY – \$8.60

frozen seasonal berries, banana, almond butter, oats, chia, hemp seeds, date, ice, and plant based milk

WHEN DOVES CHAI – \$6

frozen banana, homemade chai, ice, plant based milk

NO CHILL – \$6

frozen banana, espresso, ice, plant based milk

MAKE IT A BOWL – ADD \$3

GARNISHED WITH HOMEMADE GRANOLA, FRUIT, NUTS, AND SEEDS

add ons – .50 cents each

pea protein isolate, spirulina, maca, cacao, chia, kale, mcg oil, hemp seeds, sea moss, or medicinal mushrooms

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